



MARCH 2024

Leicester Integrated Pre-School Lunch Menu

Available Daily: Bagel Meal W/ Whole Grain Bagel & a 4oz. Yogurt; includes the Fruits & Vegetables available with that days' meal. White 1% milk is available FREE when ordering a meal or \$.60 when just Purchasing milk.

Monday



Tuesday

Wednesday

Thursday

Friday

Hamburger **4**
On a Whole Grain Bun
Steamed Carrots
Apple Sauce Cup
Low Fat Milk

Taco Tuesday! **5**
Ground Beef W/
Baked Tostado Scoops
Lettuce, Tomato, Cheese
Corn, Peach Cup
Low Fat Milk

Turkey & Cheese Rollup **6**
On Whole Grain Wrap
Roasted Broccoli
Fresh Fruit
Low Fat Milk

Meatballs in Sauce **7**
Whole Grain Roll
Garden Salad
Mixed Fruit Cup
Low Fat Milk

Pizza **1**
Fresh Garden Salad
Pear Cup
Low Fat Milk

Pizza **8**
Red & Green Pepper
Strips W/ Dip
Assorted Fresh Fruit
Low Fat Milk

Creamy Macaroni **11**
& Cheese W/ WG Roll
Roasted Broccoli
Assorted Fresh Fruit
Low Fat Milk

Chicken Tenders **12**
W/ Sweet Potato Tots
Baked Beans
Mixed Fruit Cup
Low Fat milk

Grilled Cheese **13**
On Whole Grain Bread
Tomato Soup
Apple Slices
Low Fat Milk

Pizza **14**
Fresh Garden Salad
Assorted Fresh Fruit
Low Fat Milk

Professional **15**
Development

No School

Grilled Cheese **18**
On Whole Wheat Bread
Sweet Potato Fries
Steamed Broccoli
Mixed Fruit Cup
Low Fat Milk

Popcorn Chicken **19**
Mashed Potatoes
Buttery Corn
Peach Cup
Low Fat Milk

Chicken Patty **20**
On a Whole Grain Bun
Potato Smiles
Mixed Vegetables
Fresh Orange Wedges
Low Fat Milk

Turkey & Cheese Rollup **21**
On Whole Grain Wrap
Mixed Vegetables
Pineapple Chunks
Low Fat Milk

Cheese Stuffed **22**
Breadstick W/ Marinara
Sauce, Garden Salad
Apple Slices
Low Fat Milk

Chicken Nuggets **25**
Potato Smiles
Steamed Carrots
Pear Cup
Low Fat Milk

Meatballs in Sauce **26**
Whole Grain Roll
Garden Salad
Fruit Cup
Low Fat Milk

Cheeseburger **27**
On a Whole Grain Bun
Lettuce & Tomato
Grape Halves
Low Fat Milk

Scrambled Eggs **28**
French Toast Sticks
Cucumber Coins,
100 Fruit Juice
Low Fat Milk

No **29**
School

Choose AT LEAST 3 out of 5 meal components to be considered a complete meal. A Fruit or Vegetable are MANDATORY with a meal.

The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, & Vegetable

Great News! As Participants in the Community Eligibility Provision All Pre K Students receive Breakfast & Lunch for FREE!